

Cat Treats

Cat Chow Cookies

1 cup	canola cooking spray	
¼ cup	whole wheat flour	250 mL
¼ cup	barley flour	50 mL
¼ cup	skim milk powder	50 mL
2 Tbsp	wheat germ	30 mL
2 Tbsp	catnip*	25 mL
2 Tbsp	honey or corn syrup	25 mL
¼ cup	canola oil	50 mL
1	egg	1

Prepare cookie sheet by spraying with canola cooking spray. In large bowl, mix flours, skim milk powder, wheat germ and catnip. In smaller bowl, blend honey or syrup, canola oil and egg. Add liquid mixture to dry ingredients. Mix well. Drop by teaspoonfuls on prepared cookie sheet. Bake for 10 minutes in a 180°C (350°F) oven.

Yield: about 60 small treats.

Notes: The amount of catnip used may need to be adjusted, depending on its freshness.

*Adding too much may encourage your cat to play with the treat, rather than eat it.

Depending on the size or preference of your cat, cookies may need to be broken into smaller pieces.

Don't have a pet? "Why not consider using one or more recipes for a unique gift to a special pet in someone else's life. Make sure that the gift is presented in a metal tin, glass jar, or re-sealable plastic container. This will discourage pets with a keen sense of smell from breaking or chewing into the gift, and having 'many' treats."



Doggie Treats

Gingerbread Mailmen

Thanks to "In the Dog Kitchen" by Julie Van Rosendaal from which this recipe was adapted.

2 cups	rice flour	500 mL
1 tsp.	baking soda	5 mL
½ tsp.	each cinnamon & ground ginger	2 mL
¼ cup	water	50 mL
¼ cup	canola oil	50 mL
1	egg	1
¼ cup	dark molasses	50 mL

Preheat oven to 180°C (350°F). In large bowl, combine flour, baking soda, cinnamon, ginger. In a small bowl, stir together canola oil, egg, molasses, and water. Add to the dry ingredients and stir until you have a soft dough. On a lightly floured surface, roll the dough out about ¼ inch (1cm) thick. Cut into gingerbread men or any other shape you like with a cookie cutter, glass rim, or knife. Transfer to an ungreased cookie sheet.

Bake for about 15 minutes, until firm. Let them cool on the cookie sheet, or turn the oven off but leave them inside for several hours to harden as they cool.

Yield: about 2½ dozen cookies. Store in a tightly sealed container.



Treats for Training

Milk Bones

Thanks to "In the Dog Kitchen" by Julie Van Rosendaal from which this recipe was adapted.

2 cups	whole wheat flour	500 mL
½ cup	wheat germ	125 mL
¼ cup	skim milk powder	50 mL
pinch	salt	pinch
½ cup	chicken stock or water	125 mL
¼ cup	canola oil	50 mL
1 Tbsp.	molasses or honey	15 mL
1	egg	1

Preheat oven to 180°C (350°F). In large bowl, combine flour, wheat germ, skim milk powder, and salt. In a small bowl, stir together stock or water, canola oil, egg and honey. Add the wet ingredients to the dry ingredients and stir until well blended. Gently knead the dough a few times on a lightly floured surface, then roll it out ¼ - ½ inch (1-1.5cm) thick. Cut into desired shapes with a cookie cutter or knife, and transfer to an ungreased cookie sheet. Prick each cookie a few times with a fork.

Bake in 180°C (350°F) oven for 20 minutes, depending on the size and thickness of the cookies, until pale golden and firm. Turn the oven off but leave them inside for a few hours to harden as they cool.

Yield: about 3 dozen. Store in a tightly sealed container.



Healthy nutrition is as important for you and your family as it is for your pet(s). For more canola oil and egg recipes, visit:

CanolaInfo
www.canolainfo.org



Alberta Egg Producers
www.eggs.ab.ca



Egg Farmers of Ontario
www.eggsite.com



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Pet Treats!

"The ideal treat should match the nutrient profile of the food or diet that is recommended for the life stage or health of the pet."

Canadian Veterinary Association



Treats For Your Pet

Recipes inside!

Healthy Treat Healthy Pets!

Do Right for Them...

Good nutrition is as important for pets as it is for people.

Treats can be a healthy part of your dog, cat or horse's diet... and they love them as much as we humans do! Veterinarians recommend that treats make up no more than 10% of a dog's or cat's diet. As well, it is best to offer your pet only healthy, nutritious treats and avoid high fat or high sugar ones.

Use these treats to help train your pet, to reward an accomplishment (like doing a special trick) or to celebrate a special occasion such as a birthday. These or any other pet treats should not take the place of recommended pet food in your pet's diet.

The recipes in this booklet are all "pet-tested – and approved" and are made with inexpensive and readily available ingredients – many of which are likely already in your kitchen.

As with humans, pets' individual tastes will vary. Some of these recipes may be more popular with your pet than others. It's a bit of trial and error.

A pet with allergies, sensitivities or medical conditions? Consult a veterinarian before giving these – or any – pet treats.

As the Canadian Veterinary Medical Association does not recommend raw food diets – mainly for reasons of food safety – none of the recipes in this booklet are raw pet treats.



Eggs! Horse Treats

Muffins for Horses

2 cups	canola cooking spray	500 mL
1	carrots, grated	1
½ cup	apple, grated	125 mL
1 cup	all-purpose flour	250 mL
¼ cup	bran	50 mL
½ cup	oatmeal	125 mL
¼ cup	brown sugar	50 mL
¼ cup	canola oil	75 mL
1	molasses	1
	egg	
	oatmeal for topping	

Spray muffin tins with canola cooking spray. In large bowl, blend carrots, apple, flour, bran, oatmeal, and brown sugar. In mixing cup, measure molasses, oil, and add egg. Blend well. Add liquid ingredients to dry and mix until just blended. Spoon into prepared muffin pans. Sprinkle tops with oatmeal. Bake in 190°C (375°F) oven for 20-25 minutes, or until lightly browned.

Yield: 24 muffins

Safe Storage of Pet Treats

All treats that contain fruits and/or vegetables like apples and carrots, should be stored in a covered container in the refrigerator, and consumed within 2-3 weeks. These can also be frozen but should be used within 3 months. Dry cookies may be stored, covered, at room temperature for a couple of weeks.

If cats and/or dogs are kept inside, food safety is more likely to be an important factor in feeding the pets so refrigeration storage would be better. Those that have access to the out of doors will have a "stronger" constitution so food safety is less a problem.



Eggs! Equestrian Treats

Pony Cookies

2	packets (36g) original instant oatmeal	2
2 cups	all-purpose flour	500 mL
½ cup	granulated sugar	125 mL
pinch	dried rosemary, optional	pinch
1	large apple, grated	1
2	medium carrots, grated	2
½ cup	raisins, chopped	125 mL
1	egg	1
½ cup	canola oil	125 mL
½ cup	honey, molasses or maple syrup	125 mL
½ cup	water	75 mL

In a large bowl, mix oatmeal, flour, sugar, rosemary, apple, carrots, and raisins. In a separate bowl, blend egg, canola oil, honey, molasses or syrup and water. Add wet ingredients to dry. Stir until completely mixed. Using tablespoon, portion small mounds of the mixture onto an ungreased cookie sheet. Bake in 180°C (350°F) oven for 15-20 minutes or until crispy on the outside. Cool. Store in an airtight container.

Yield: 36 (3 dozen)

Note: As apples and carrots vary in water content, an additional 1 Tbsp. (15mL) water may be needed to allow dough to slide easily from spoon onto cookie sheet.

Variations: use 4-6 sweet crabapples rather than an apple; substitute pumpkin or squash for carrots.



Eggs! Good Ingredients for Healthy Pets

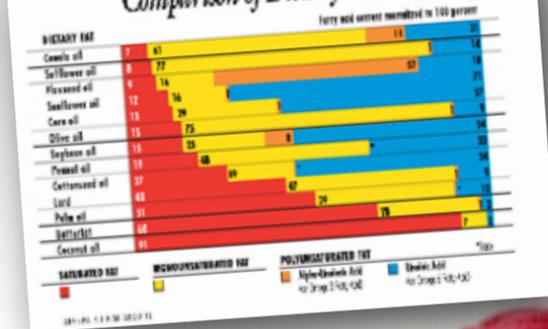
According to Dr. Tannis Jordan, in "Pet Talk", "Many products can be safe and enjoyable for your dog or cat. Consult with your veterinarian to discuss any food allergies, sensitivities, medical conditions and temperament before treats or toys are given..."

Products which I do not recommend include high fat semi-moist treats (they tend to contain high amounts of sugar and fat), bones (can fracture teeth...), tennis balls (if made from woven steel can grind down teeth), and chocolate (can cause heart problems and or seizures if given in large quantities, especially semi-sweet or dark)."

Eggs! for energetic pets. Eggs are high in the best quality protein and contain many vitamins and minerals – all of which are important for your pet's overall health and wellbeing.

Canola oil is a good fat. Good for Your Pet!

Comparison of Dietary Fats



Help keep your pet at a healthy weight. Remember that treats are just that – treats! They should complement – not substitute – for regular pet food.

For recipes and more nutritional information on canola, visit www.canolainfo.org on eggs, visit www.eggs.ab.ca or www.eggsite.com

