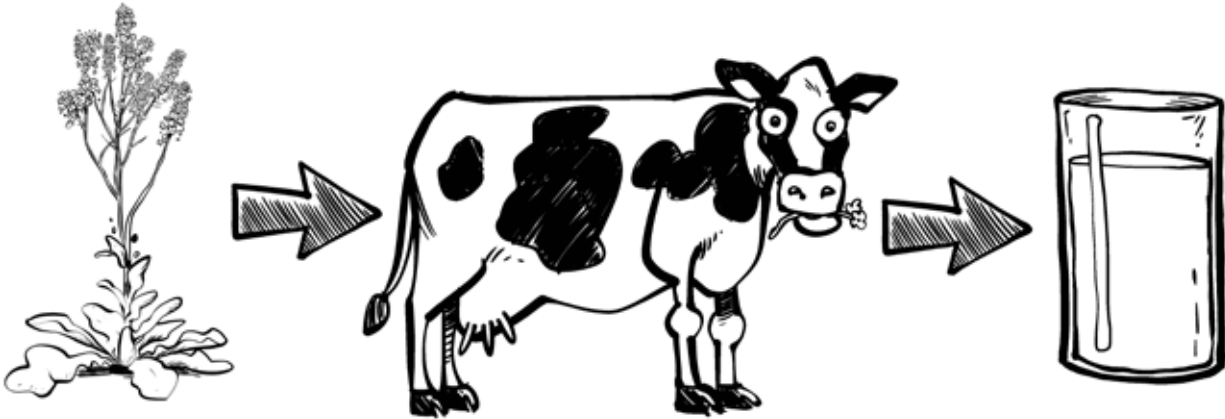


Let's Play! - Stand Up, Sit Down ¹⁵

Note to parent and teacher: see additional resources before playing ^{15a}

Dairy cows produce an average of 30 litres of milk per day! When fed a diet that includes canola meal, they produce an extra litre of milk per day. That all adds up!

Let's see your superpower multiplication and addition skills shine!



**CANOLA MEAL CAN HELP A DAIRY COW
PRODUCE AN EXTRA LITRE OF MILK PER DAY!**

Materials:

A homemade deck of cards numbered 1-100. Based on total number of students, split the numbers up and give each student an assigned set of numbers to cut out and write out so that in the end there are 100 individual cards each labelled with one number from 1-100. The cards need to be the same size and the numbers need to be big enough to see from a distance. All students provide their cards to the teacher.

Objective of the game:

Not to be the last person remaining in your seat!

Number of players: 1 - a large class of students.

How to play the game:

1. The teacher or guardian shuffles the class set of cards.
2. The class of students sits in front of a teacher.
3. The teacher gives an equation without an answer [e.g., 2×2].
4. The teacher then draws a number off of the top of the deck of shuffled cards.
5. If the number is the same as the answer to the equation, students who are sitting must stand. If the answer is not the same, they remain seated. If students stand to a wrong answer, they have lost that round.
6. The game resets at the end of every round.

Optional: if some students have physical limitations, have the student engage in a different action that works for their abilities.