

Let's Play - 4 Seasons!

Many things in life are connected to the seasons, including canola growth. We seed canola in the spring, canola grows throughout the summer, and canola seeds are harvested in the fall. Plants cannot grow during the winter when the ground is covered with snow. At this time, the farmer is working hard to plan ahead for their next growing season.

We will play 4 Seasons to help you think about what is happening with canola during the different seasons.

Materials:

Class of students, and one big area where students can run.

Objective of the game:

To eventually tag all students and have all students in the middle with the "It" person.

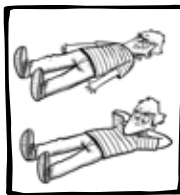
How to Play:

4 seasons is played like 4 corners!

1. One person stands in the middle, closes their eyes and counts to 10.
2. During the 10 seconds players who are not "it", can run to any of the 4 corners that the adult has assigned ahead of time to one of the 4 seasons: winter, spring, summer or fall.
3. After 10 seconds the person in the middle calls out a season (e.g. "fall"), and opens their eyes.
4. All people in the called for corner will join the "it" person in the middle. The people in the other corners all must act out what canola may be doing during that season during their assigned corner's season.
5. The person in the middle then counts out another 10 seconds and all the people that are in the centre with them can try to tag a friend. The person in the middle then repeats the activity until all players are in the centre.

Canola Actions for the Game [Note to participants: feel free to be as creative as you would like!]:

- **Winter:** Canola seeds would be resting in the grain bin. Have children on their stomachs or back laying down on the floor to exemplify canola seeds resting in the grain bin.



- **Spring:** Canola would be seeded and starting to emerge. Have kids kneeling or doing a squat position while holding their hands above their head to represent emergence.



- **Summer:** Canola is growing big and tall. Have kids standing up super tall, raising their arms above their heads, spreading their fingers wide to show canola flowering. This demonstrates the height of the canola plant and the canola plant flowering.



- **Fall:** Canola seed pods would be harvested. Have kids roll their hands and forearms over each other in front of their bodies to represent combines harvesting the canola seeds from the canola pods.

